

What difference can your time make?

Help in the community or in someone's home giving a break for unpaid carers who often feel isolated at home with their loved-ones

- providing encouragement and conversation to vulnerable people who have skills & memories to share
- Helping people take part in their existing hobbies or learn new hobbies together

Crossroads & Volunteering

- Support people who may not receive other help
- Learn new skills from our dedicated training programme
- Gain support from our one-to-one and group support sessions
- Make new friends and a big difference to the people you support
- Your out of pocket expenses will be refunded

